

**PE Long-Term Plan
2022-2023**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE: Unit 1	Fundamentals: Unit 1	Dance: Unit 1	Gymnastics: Unit 1	Ball Skills: Unit 1	Games: Unit 1
Reception	Introduction to PE: Unit 2	Fundamentals: Unit 2	Dance: Unit 2	Gymnastics: Unit 2	Ball Skills: Unit 2	Games: Unit 2
Year 1	Fundamentals	Net and Wall	Gymnastics	Target Games	Ball Skills	Athletics
Year 2	Fundamentals	Gymnastics	Sending and Receiving	Invasion	Striking and Fielding	Athletics
Year 3	Fundamentals	Basketball	Gymnastics	Football	Tennis	Athletics
Year 4	Ball Skills	Gymnastics	Hockey	Fitness	Cricket	Athletics
Year 5	Dodgeball	Badminton	Gymnastics	Volleyball	Rounders	Athletics
Year 6	Handball	Gymnastics	Netball	Fitness	Tag Rugby	Athletics